STUDY GUIDE

Discover that it is amazing to become a great dancer, while sharing your passion, when you teach others how to dance







ROADMAP STUDY PROGRAM

INTRODUCTION

PHASE 1

PHASE 2

PHASE 3

PHASE 4

TEACH & INSPIRE

TRY-OUT CLASS

1 STG CREDIT

Anyone can join a tryout class. No dance experience is needed.

Follow one of our weekly try-out classes

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Perfect for those new to dancing Cuban Salsa

FOUNDATION COURSES

72 STG CREDITS

Anyone can join level 1! Contact us to join a higher level.

C LEVEL 1

...........

C LEVEL 2

C LEVEL 3

C LEVEL 4

LEVEL 5

C LEVEL 6

PRE-TEACHER TRAINING

20 STG CREDITS 8 WEEKS Required to

complete at least foundation level 3

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Practice teaching!

Discover how amazing it is to teach a group, while improving as a dancer yourself!

PRACTICAL EXPERIENCE



Required to first complete the pre-teacher training

Assist teachers in foundation levels.

Gain experience by teaching try-out classes

TEACHER APPRENTICESHIP

144 STG CREDITS
2 YEARS

Required to first complete the pre-teacher training

2x LEVEL 1

2x LEVEL 2

2x LEVEL 3

2x LEVEL 4

2x LEVEL 5

2x LEVEL 6

CERTIFIED TEACHER



Contact us to apply for a teachers position

Join our dream!

Share your passion on a weekly basis!

STUDY GUIDE



PHASE 1 · 1 YEAR SIX FOUNDATION COURSES

LEVEL 1

LEVEL 2

LEVEL 3

LEVEL 4

LEVEL 5

LEVEL 6



12 STG CREDITS 8 WEEKS

A safe and enjoyable introduction to dancing Cuban Salsa.

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You learn to do your very first partner dances and get a taste of our various educational themes that run throughout our full STG curriculum.



12 STG CREDITS

For those familiar with the basics, motivated to improve.

Work on your foundation; timing. consistency, connection, fluency. Role rotation is introduced to learn more about leading and following.



12 STG CREDITS

For those who are hooked and ready for lots of turns.

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Study fundamental patterns and recognise these basic principles in thousands of apparently complex and different figures.



12 STG CREDITS

Slowing down and get familiar with taking the stage.

Learn many solo steps (shines) and choreographies that focus on musicality. Improve your confidence and skills to speak in front of a group.



12 STG CREDITS

Level up and feel the challenge! Shine, dance and inspire others!

Work on new challenging complexities for partnerdancing in combination with longer and more interesting choreographies.



12 STG CREDITS

Learning is now fast passed. Perform in a community show!

Our most
experienced
teachers are
challenged to make
this experience
epic and exciting.
Each season is
different.

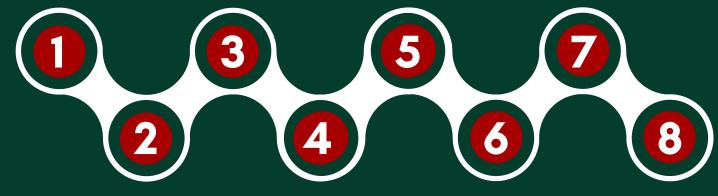
• All courses include dancing the famous Casino de Rueda. In higher courses you learn how to lead a 'Rueda'. Our school is unique in teaching students this skill.



PHASE 2 · 8 WEEKS PRE TEACHER TRAINING

COURSE STRUCTURE

LEVEL UP USE YOUR BALANCE JOY INSPIRE & VOICE & STRUCTURE MOTIVATE



KNOW YOUR STUDENTS

ANIMATE & ENERGIZE

LEARN TO RUEDA REFLECT & LISTEN

1. Level Up

Get to know each other
Intro to the art of teaching

2. Know your Students

Adapting to learning needs
How to give constructive feedback

3. Know the power of your energy

How to use your physical energy How to use your voice and silence

4. Animate and Energise

Using warm-ups and animations
How to establish an energetic
learning atmosphere

5. Balance Joy and Structure

Teamwork as teacher couple and dealing with challenging and confronting situations

6. How to Rueda

Learn about the history of Rueda learn how to 'call'

7. Inspire and Motivate

Prep to host your own workshop!

8. Reflect & Listen

Listen to music from a dancers perspective and reflect on your learning goals and achievements





PHASE 3 · 16 WEEKS PRACTICAL EXPERIENCE

GIVE TRY-OUT AND INTRODUCTION CLASSES



Practice with energising groups and giving people a positive first Salsa experience

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Apply your own dance skills in combination with the pre-teacher course tools during these classes. Giving these classes will boost your confidence and the practice in itself is important to feel comfortable about teacher

ASSIST TEACHERS IN FOUNDATION COURSES



Now it's getting more serious. You can start to contribute to the learning process of STG students by visiting ongoing classes as assistant

Out dreamteam consists of teachers with various degrees of experience. Being an assistent allows you to observe and adopt best practices. This also challenges you to deal with real situations where students look for support.



PHASE 4 · 2 YEARS TEACHER TRAINING · · · · · · ·



